From the Principal

A major professional development focus for the teaching staff this year is the ‘Mindset’ work of Professor Carol Dweck, the Lewis and Virginia Eaton Professor of Psychology at Stanford University. Her work focuses on the way in which developing a growth mindset in students can assist with their learning. In the second half of this year we will be introducing ‘Brainology’ into our Year 7 program. This program is based on the Growth Mindset concept and focuses on the theme of lifelong learning, that through applying ourselves and working on new things we can actually grow our brain, and that as educators we must continually reinforce the value of effort.

Last week Professor Dweck was in Melbourne as a guest of the de Bono institute and along with Assistant Principals Kathy Hooke and Pamela Dunstall I was fortunate enough to be invited to attend a forum with her. At this forum Warrandyte High School was invited by the de Bono institute to take part in the development of ThinkPlus, a metacurriculum based on Professor Dweck’s work. This is an exciting opportunity and there will be more information on this ongoing relationship to follow.

If parents are interested in further information on Growth Mindsets, see this link http://www.youtube.com/watch?v=Bhv0dznmz4A.

In an earlier edition of Gang Gang we featured a small article about the prodigious motor sport talent of Year 11 student Chelsea Angelo who had been featured in the magazine Victorian State Racer. Chelsea, who at 17 years old is too young to get her driver’s licence, has now graduated to compete in Dunlop V8 Series in 2014 with Evans Motorsport Group. This is a fantastic achievement which has seen her featured on the Channel 7 Sunrise television program. Warrandyte High School is very proud of Chelsea and we wish her every success in this sporting and career pursuit.
Congratulations also to Christina Dinakis, Tylar Findlay, Bree Gedye, Sarah Nassour and Katie Solarino who recently took part in the Dante Alighieri Italian Poetry Recital Competition. Katie has been successful in progressing through to the finals of the competition while Christina and Tylar received credits and Bree and Sarah received a Distinction and High Distinction respectively.

Stephen Parkin
Principal

Schoolkids Bonus

Second instalment of the Schoolkids Bonus will be paid in July.

Eligible families who have not updated their child’s education details with Centrelink have until June 29 to do so to ensure they receive the correct payment in July. Eligible families who have updated their child’s education details with Centrelink do not have to do anything.

Please refer to the website link australia.gov.au/schoolkidsbonus to find more information and to check your eligibility for the Schoolkids Bonus.

Jill Treeby
Business Manager

Uniform

Our uniform supplier is fcw fashion. For ordering school uniforms print off the order form via Warrandyte High School website www.warrandytehigh.vic.edu.au, under About Our School, Uniform. The uniform shop is open Tuesdays from 3-3.45pm and Thursdays from 8-9.30am.

Warrandyte Lions

2012 Lions Club of Warrandyte offered our students the opportunity to be an exchange student. Tamsin Mackie was lucky enough to be offered this wonderful opportunity, please read Tamsins’ adventure:

My name is Tamsin Mackie. I was a Year 12 student in 2012 and last year in December I was part of a lucky group of young people to participate in a Lions Youth Exchange to Scandinavia and the UK. It started with a notice in the bulletin that said the Warrandyte Lions Club was giving a student at Warrandyte High the opportunity to go on a cultural exchange. I decided to apply. After a couple of months not even remembering that I had applied, I received a phone call from the Lions Club saying that I was the “chosen one”. It certainly felt like it and I was ecstatic!

After all the planning, shopping, fundraising and then packing, I was off to the airport to meet up with the 20 other “chosen ones”, from around Australia. Together we travelled to London and then split into smaller groups to travel to our individual host families in other European countries.

My first host family lived in Finland. Here I had my first encounter with a decent amount of snow and sub-zero temperatures. I lived in my thermals. In the 3 weeks I spent here, I visited the primary school down the road, the secondary school where my host sisters went, the city of Tampere and Helsinki which is the capital of Finland. The most memorable things I did in Finland was ice swimming. You would warm up in a sauna, then climb into the icy water, and rush back to the sauna to make sure you could feel your toes again. And then do it all over again. It was -3°C in the water.

Three days before Christmas, I travelled to Estonia (south of Finland, west of Russia) by ferry to meet my second host family. They lived in Tallinn, which is the capital of Estonia. It’s made up of the two parts, new and old. The new part is where the modern buildings are and the old part is made up a medieval styled buildings. I only stayed with them for a week but in that time I did a lot of shopping, went to a Christmas market, saw some amazing churches, went ice skating, tried lots of food, the good, the bad and the ugly, and experienced an Estonian Christmas.
Two days before New Year’s Eve, I met my third host family. They lived in the east of Estonia, in a little town called Kivioli. I was only there for a week as well but I got to see an old castle which has tours through it and activities to do, was able to have a go at playing some Estonian instruments and saw my host father perform with his band.

My 4th host family lived in the south of Estonia and were able to take me to Latvia for the day. The day was spent as a huge shopping trip and I was able to try new food as well. I went to the closest city Tartu and was given a tour of the medieval part of town. I was able to see castle ruins and walk through them.

The 20 “chosen ones” all returned to London and were given 3 days to wander and explore. I went to Madame Tussaud’s wax museum, the Tower of London, the Sherlock Holmes Museum, platform 9 ¾, saw Paul McCartney, the changing of the guard at Buckingham palace and much more. It was an amazing experience.

On the flight going home, everyone was happy to be able to see their family after 6, almost 7 weeks, but we were all unhappy as well to be leaving after such an incredible trip. The flight home was 23 hours, but having slept most of the way, it didn’t feel all that long. At around 7am, we’d landed in Melbourne on a 40° day. I went through customs, finally found my luggage and went to find my family. I was so happy to be home, but I was already missing the snow and the cold.

I would have never been able to go on this trip if it weren’t for the Warrandyte Lions Club, Warrandyte High School and of course, my parents. This trip has given me the motivation to go out and see more of the world and to visit new places and I encourage anybody who has the opportunity to go on exchange to take that opportunity.

Tamsin Mackie
Warrandyte High School Student Year 12 2012

Joseph and The Amazing Technicolor Dreamcoat
Rehearsals are coming along wonderfully, the dancing steps are coming together, the singing is sounding in tune and the set design is now on paper. Tickets will be available via our website from 1 August 2013.

Helene Butterworth
Executive Assistant

Wellbeing News

Good Luck to Our Overseas Volunteers Visiting Vietnam in the July Holidays.

Warrandyte High School has six passionate students who have joined Manningham YMCA Youth Services, Youth Volunteer Projects Vietnam 2013 team: Mitchell Selleck, Sasha Holmes, Claudia Bentleigh, Louise Bartley, Brittany Anderson and Eliza Phillips.

The team has been working hard leading up to the trip including successfully completing three workshops, fundraising event and organised a team building night. The team is pumped and ready to go. Upon arriving in Ho Chi Minh City on the 1st of July the team will head south to the village of Ben Tre where they will spend a week delivering English lessons and constructing a school courtyard. The final two days will be spent soaking up the Vietnamese culture, visiting temples, war memorials, night markets and eating local cuisine. The team is about to experience a life-changing gift; the gift of giving.
Twice a year young people are invited to invest their love and energy working on national and international community development projects, these experiences are open to local 14 to 18 year olds. To get involved register your interest on the website http://manninghamymcayouthservices.org.au/index.php/youth-leadership-groups-programs/overseas-volunteer-project

**Year 7 and 8: Cyber Safety Sessions**

In the final week of Term Two we ran a specially designed year level Presentation and Workshop, which focused on Cyber Safety. The program provided valuable activities and discussions about the consequences of using technology inappropriately and the importance of understanding individual responsibilities when using technology to communicate with peers.

These messages need to be continually repeated to our young people to remind them of their rights and responsibilities with online technology.

Thanks to ACMA (Australian Communication and Media Authority) for their resources for this program.

**Warrandyte High School: Is Now a Registered ‘E-Smart School’**

“Developed for Australian schools, eSmart is an easy-to-use, evidence-based and tested system to help schools manage cybersafety and deal with cyberbullying and bullying.

The eSmart system provides a framework for schools to implement whole-school culture and behaviour change relevant to the smart, safe and responsible use of digital technologies.

The Alannah and Madeline Foundation developed the initiative with RMIT School of Education and many cyber safety and education experts.

Registration provides schools and their communities with assurance that they are accessing evidence-informed practice, policies and activities”

Early next term Leigh Thomson, Judy Steel and myself will be undertaking training with the e-Smart Program to begin the planning and implementation phase of this Whole-School Cyber safety Program. There will be much more information for parents and students in coming months about the program and its key policies and practices.

**Year 8 Drug Education Program**

During Term 3 I will be launching our highly successful Year 8 Drug Education Leadership program. I will be calling for enthusiastic interested student leaders to be part of the weekly leadership-training program. The student’s work closely with myself to design and deliver workshops and activities to their peers in a one day conference that is held in late Term 3. I look forward to this program each year.
Donations of Second Hand Books and Uniform
Very Welcome

Each year Warrandyte High School provides support to needy families requiring uniforms and books for their children.

We are fortunate to have a generous school community who are able to donate their books and uniforms to enable this support to continue.

If you are in a position to donate textbooks and uniforms to the school it would be very much appreciated.

All donations can be left at the general office.

Natalie Manser
Wellbeing Leader

Humanities News
Have Some Humanities Fun over the holiday break with:

We all want to meet people from history - the trouble is everyone is dead!

So it's time to prepare yourselves for Horrible Histories live on stage! Using actors and ground-breaking 3D special effects, this astounding show is guaranteed to thrill you as historical figures and events come alive on stage and hover at your fingertips.
From the fascinating Pharaohs to the power of the pyramids, discover the foul facts of death and decay with the meanest mummies in Egypt. Are you ready to rumble with Ramesses the Great? Dare you enter through the Gates of the Afterlife?

Direct from the UK, this live stage show will be an experience kids will remember for eternity

*Wholly accessible, educating, entertaining and enjoyable, HORRIBLE HISTORIES live on stage is a tour de force. Five stars out of five!* - BBC.co.uk

For Booking details go to:


**Christena Gazeas**

*Humanities Leader*

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### Pierre de Coubertin Award

Warrandyte High School congratulates Natascha Wirz on being the successful nominee for the 2013 Pierre de Coubertin award. This award acknowledges a young person who epitomises the ideals and spirit of the Olympic movement and who has demonstrated sports leadership skills and personal sporting excellence. Natascha has been an integral member of many sporting teams including the athletics, netball, volleyball, cross country, Great Victorian Bike Ride, triathlon and duathlon teams. She has taken on numerous leadership positions including coaching and umpiring junior sporting teams and was elected as school house sports captain in 2013. Natascha participates in all sporting opportunities with integrity, ensures all team mates are involved and encourages others to achieve their potential. Natascha was formally acknowledged at the Pierre de Coubertin awards ceremony on Sunday 16 June 2013.

In addition, Jake De Zwart and Taylor Padfield were also recognised for their sports leadership skills being selected to represent Warrandyte High School at the Pierre de Coubertin Olympic Academy with Natascha. During this time the students participated in several activities looking at sporting excellence and sports leadership and had an opportunity to connect one on one with our elite athletes. Both Jake and Taylor were nominated for this opportunity in recognition of their sports leadership skills, dedication to continually represent the school in numerous sporting competitions and potential to become future leaders at Warrandyte High School.

We wish Natascha, Jake and Taylor all the best with their future sporting endeavours and look forward to seeing both Jake and Taylor representing Warrandyte High School and further developing their sporting leadership skills over the next few years.

### World Challenge is coming to Warrandyte High School

World Challenge is a 6 -18 month leadership and personal development program which culminates in a one-month expedition to a developing country. In the country students are in charge of managing the entire group’s budget, booking accommodation, transport, food, their humanitarian or conservation project – everything!

Early in term three we will be launching World Challenge to our Year 9 and 10 students. Students will see a short presentation at their assembly, followed by a parent information session the following week in the Theatre, Wednesday 31 July from 6:30 to 7:30 pm.
This is an exciting opportunity for 20 students and 2 staff members to travel to a developing country. The program will be launched this year with a lead up to the expedition running in December 2014 when the students are in either Year 10 or 11.

There are expeditions to many different parts of the world but at this stage we are looking at Borneo and Malaysia for our first Warrandyte High School expedition.

Kathy Hooke
Assistant Principal

Food Technology

Quintons Supa IGA Warrandyte have kindly donated a class set of aprons for our Year 12 students. As you can see the aprons look very smart!

Thank you IGA Warrandyte

Suzanne Martin
Food Technology Technician

Sport News

If you have always wanted to complete a triathlon, but been stopped before because of the swim, now is your time. Have a look at the Brooks Vic Duathlon Sprint Series. There are four races in the series; 7 July, 18 August, 8 September and 6 October. Come along and get involved, events are suitable for all ages. If you need further information please contact me in school time.

Rugby Development

It has been a very busy term regarding rugby. All students have worked very hard and tremendous progress has been made. Students from all year levels worked with the NRL development squad in their PE lessons throughout clinics targeting the skills as well as the actual game awareness in rugby league.

We have continued to build our teams this term. Our intermediate team played extremely well against St Monica’s College in our first after school game. They won the first half by two tries which was a fantastic performance. Unfortunately we lost the second half by two tries resulting in a draw. The boys played extremely well making excellent tackles and moving the ball with confidence.
Our juniors have had an intense learning experience throughout the term. We took our 13 aside team to Casey Field on June 3 to play the Cameron Shield Competition. Unfortunately they lost their games, despite playing very well. Tries were scored by Jake Willis and Dylan Krajnc to name a few. We came back to school and worked hard throughout lunch times ready for the 8 aside competition, the Robbie Kearns Shield. We played teams from Thomastown and Lalor (always much bigger than us!) The boys were invincible and we won every game, tackling hard and scoring tries. We won the whole competition and are now through to the Robbie Kearns state finals.

Boys were, Dylan Krajnc, Cameron Williams, Ryan Seini, Jake Willis, Jordan Abicair, Callum Clare, Damon Mustafa, Tim Griffiths, Adam Smith and coached by Ryley Douglass.

This year we have also worked with the girls forming an 8 aside tag team. This competition was on the same day as the boys and we won that one too, convincingly beating both teams from Lalor. So congratulations to the girls too, as they make their way to the state finals.

Girls were: Holleigh Mann, Elaine Burdette, Alanna Eastwood, Rhiannon Elliott, Phoebe Joy, Caitlin Sanderson, Christina Dinakis, Lauren Eadie, Kassie Jones & Rachel Sullivan.

A fantastic achievement by both boys and girls teams, well done!

Clare Rayner
PE Leader
Australia’s number one career planning tool

- Over 500 job descriptions and specialisations
- Tips on finding and landing your dream job
- Education and training pathways

Your essential guide to planning your future

Receive 20% off RRP!

Visit www.HobsonsBookshop.com and enter promo code ‘JOBGUIDE13’ at the checkout.

Or call 1800 682 133

RRP: $29.95
Special price: $23.95
Canteen News

Daily specials are as follows – ordering would be appreciated.

<table>
<thead>
<tr>
<th>Specials @ $5.00</th>
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<tbody>
<tr>
<td><strong>Monday</strong></td>
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<tr>
<td>Chilli Chicken Sub or</td>
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<tr>
<td>Falafel Wrap</td>
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<tr>
<td><strong>Tuesday</strong></td>
</tr>
<tr>
<td>Chicken Burger</td>
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<tr>
<td>Spaghetti Bolognaise</td>
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<tr>
<td><strong>Wednesday</strong></td>
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<tr>
<td>Butter Chicken &amp; Rice</td>
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<tr>
<td>Hot Dog Cheese &amp; Sauce</td>
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<tr>
<td><strong>Thursday</strong></td>
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<tr>
<td>Chicken Schnitzel</td>
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<tr>
<td>Fried Rice</td>
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<tr>
<td><strong>Friday</strong></td>
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<tr>
<td>Souvlaki – Chicken or Lamb</td>
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</tbody>
</table>

The Canteen is selling hot toasted sandwiches at recess for $2.50. Ham and cheese, and ham, cheese and tomato are available.

Roster

Volunteers are always welcome in the canteen. If you are available on a Friday only, Karen is always able to change her day. The canteen staff look forward to seeing you in 2013.

<table>
<thead>
<tr>
<th>Roster</th>
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<tbody>
<tr>
<td><strong>Friday 28 June</strong></td>
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<tr>
<td>Greg Rowell</td>
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<tr>
<td><strong>Monday 15 July</strong></td>
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<tr>
<td>Help Required</td>
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<tr>
<td><strong>Tuesday 16 July</strong></td>
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<td>Help Required</td>
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<td><strong>Wednesday 17 July</strong></td>
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<tr>
<td>Michelle De Zwart</td>
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<tr>
<td><strong>Thursday 18 July</strong></td>
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<tr>
<td>Help Required</td>
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<tr>
<td><strong>Friday 19 July</strong></td>
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<tr>
<td>Karen Paul</td>
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<td><strong>Monday 22 July</strong></td>
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<tr>
<td>Help Required</td>
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<tr>
<td><strong>Tuesday 23 July</strong></td>
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<td>Help Required</td>
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<td><strong>Wednesday 24 July</strong></td>
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<td>Help Required</td>
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Cheryl Hart
Canteen Leader
Warrandyte High School Annual Trivia Night

We would like to thank all sponsors supporting our trivia night

Café D'Sub
Cobbler's Den
Cuckoo Restaurant
Guardian Croydon Market
Pharmacy
Jetts Fitness
La Porchetta Pizza Restaurant
Legends Trivia
Melbourne Museum
My Mate's Pizza
Nail Central
NXPT Nic's Personal Training
Ryan Smith (politician)
Spotlight
Viva La Dance

Please show support by choosing to shop locally
Proudly Announce our 14th Annual Trivia Night

Fundraising for the installation of a kitchenette in the Media centre.
Tie on those apron strings
Pull out your wooden spoons
Bring your egg beater and
wear your Chefs hat with pride….

Saturday 27th July 2013
7pm for 7.30pm sharp start
Warrandyte Primary School
(Forbes Street, Warrandyte)

$20.00 per head – BYO drinks and nibbles

Will your table have what it takes to create a master dish with a team of masterminds?

Please come along and help the school help our kids.
Don't know anyone? Don't worry….. You can either make up a team with friends or family
or let us help you put you on a table with others. Call Alicia on 0438 220 266
It's a fun night, lots of laughs and a great way to meet new parents!

With thanks to MOAT for being our major sponsor of the evening.

Ticket Reservation
Name: ____________________________________________________________________________
No of tickets required: _________ Total Paid: ______________________
Payment Method: Cash Cheque Credit Card
Credit Card Number ___________________________________________ Exp Date ___ / ___
Signature: _________________________________________________________

Please forward payment to the School Office

With thanks to MOAT for being our major sponsor of the evening.
**PARKOUR**
(12-25 Y/O)
LEARN ALL THE SKILLS FROM OUR EXPERIENCED LEADERS

PARKOUR IS HAPPENING EVERY
FRIDAY 5-7PM
ONLY $100
PER PERSON, PER TERM
DURING SCHOOL TERMS

@ TEMPLESTOWE LEISURE CENTRE,
1/3 ANDERSONS STREET, TEMPLESTOWE

TO ENROL OR FOR MORE INFO CONTACT CHLOE ON 9848 5400 OR CHLOE.GODAU@YMCA.ORG.AU
CHECK US OUT WWW.MANNINGHAMYMCAOUTHSERVICES.ORG.AU

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**HIP HOP & BREAK**
(12-18 Y/O)
LEARN ALL THE SKILLS FROM OUR EXPERIENCED LEADERS

HIP HOP & BREAK IS HAPPENING EVERY
TUESDAY 5-7PM
ONLY $180
PER PERSON, PER TERM
DURING SCHOOL TERMS

@ MC2 DANCE STUDIO, LEVEL 2,
687 DONCASTER ROAD, DONCASTER

TO ENROL OR FOR MORE INFO CONTACT CHLOE ON 9848 5400 OR CHLOE.GODAU@YMCA.ORG.AU
CHECK US OUT WWW.MANNINGHAMYMCAOUTHSERVICES.ORG.AU
Murdoch Childrens Research Institute at the Royal Children’s Hospital is running a randomised clinical trial of an online weight management program designed for overweight adolescents aged 12 to 17.

Staying Fit is an internet-based program designed to encourage overweight adolescents to make healthy food choices and increase physical activity. The Staying Fit program has been used successfully in the United States and we have modified it to make it suitable for young people in Australia. Participants are randomised to the Staying Fit program or the Usual Care program. For those in the Staying Fit group, personalised support for each individual is delivered after considering each adolescent’s BMI, along with weight and shape concerns. This support includes weekly personalised contact, the use of a pedometer and access to a walking program. Staying Fit contains interactive quizzes, logs and a discussion board. The program takes approximately 1 hour per week for around 12 weeks. Those randomised to the Usual Care program will receive physical activity and nutrition information currently available to Adolescents.

The participants are asked to complete online questionnaires and have their height, weight, blood pressure and waist circumference measured by a researcher at baseline, 3, 6 and 12 months follow-ups. Measurements are taken in the participant’s home or at the Royal Children’s Hospital. Parents are also invited to complete questionnaires and are sent regular newsletters on how they can support their teenager. The results will demonstrate the feasibility and effectiveness of using the personalised, targeted Staying Fit program for addressing weight-related behaviours during adolescence. Recruitment has commenced and we are looking for overweight young people aged between 12 and 17.

If you would like to know more, contact the Staying Fit Project Coordinator, Karly Cini on (03) 9345 6954 or email: stayingfit@mcri.edu.au

The ethical aspects of this research project have been approved by the Human Research Ethics Committee of The Royal Children’s Hospital, Parkville. This project will be carried out according to the National Statement on Ethical Conduct in Human Research (2007) produced by the National Health and Medical Research Council of Australia.

Karly Cini
Staying Fit Project Coordinator

**Murdoch Childrens Research Institute**

The Royal Children’s Hospital

Flemington Road Parkville Victoria 3052 Australia

T 03 9345 6954

E staying.fit@mcri.edu.au  W www.mcri.edu.au