



Gang Gang

Warrandyte High School

Issue 7 | Term 2 | 2015

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From the Principal

Diary Dates

MAY

Friday 15 May

Division Cross Country

Sunday 17 May

Working Bee

Monday 18 May

Senior Boys state tennis final

Tuesday 19 May

Year 11 excursion to the Pines

Wednesday 20 May

Year 9 exams

Thursday 21 May

Year 9 exams

Friday 22 May

Intermediate sport round robin

Monday 25 May

8.2 & 8.3 Wheelchair basketball

Wednesday 27 May

Year 7 AFL coaching

Thursday 28 May

Year 8 AFL coaching

Thursday 28 May

Year 12 TIS excursion to Latrobe

Friday 29 May

Duke of Edinburgh hike leaves

Sunday 31 May

Duke of Edinburgh hike returns

Trivia Night: Thank you to the Parents' Association for another wonderful Trivia Night. It was fantastic fun and all for a very worthy cause, the students of Warrandyte High School. This year the Trivia Night theme was Hollywood and the Parents' Association did an amazing job glitzing up our school theatre to challenge the glamour of an Academy Awards Ceremony. Once again the Parents' Association led by the ever dynamic Alicia Eldridge and Robyn Wallace not only managed to collect an amazing number and array of goods for the silent auctions, but also worked tirelessly in the days leading up to the Trivia Night on the many small tasks and the large logistical challenges which needed to be overcome to make the night such a success. Also a very big thank you to this year's Quiz Masters, our very own home grown Trivia Champions, the 'Science Table'. This year the 'Science Table' gave us mere mortals a chance for glory by posing the questions rather than answering them. They put in an incredible amount of time and effort to make the night a success so a big thank you to Claire Bloom and the rest of the team. Thanks must also go out to the many generous businesses of Warrandyte and surrounding areas who donated the auctioned items.

Powerful Learning and Teaching: In my first Gang Gang article this year, I spoke of the school's excitement at being given the opportunity to participate in the Powerful Learning and Teaching Project. In my last Gang Gang article I explained the concept of Curiosity Thinking which is at the centre of this project. In this article I want to share the Goal and Values of this project which will be the centre piece of our school improvement model over the next three years.

The goal of the Powerful Learning and Teaching Project is that:

all our students will be literate, numerate, and curious.

The Project is inspired by educational values that provide consistent reference points for all that we do in our schools.

• student achievement and student wellbeing are the fundamental pursuits of schools every student can succeed regardless of personal circumstances

• it is our responsibility to act in ways that make individual success a reality

- the harder you work the smarter you get given sufficient challenge and support, all students can learn and achieve at high levels
- learning is a social activity and all students can learn from each other
- all schools must consciously choose to be on a journey to excellence
- schools which are open to all and which celebrate diversity offer rich learning resources that benefit all students
- our School Improvement Strategy, and each action flowing from it, must be open to scrutiny – we are accountable for implementing the Strategy and each associated action.

Powerful Learning is defined in the project by reference to three primary purposes of education. We intend to help our students:

- acquire useful and important bodies of knowledge
- become powerful learners by expanding and making articulate their repertoire of learning strategies
- become fine, caring, and principled citizens.

Powerful learning is the ability of learners to respond successfully to the tasks they are set, and the tasks they set themselves. This ability comprises the capacities to:

- integrate prior and new knowledge
- acquire and apply a range of learning skills
- solve problems individually and in groups
- think carefully about their successes and failures, and learn from both
- evaluate conflicting evidence
- think critically
- accept that learning involves uncertainty and difficulty.

The Theory of Practice: The most direct way to improve student learning is to improve teachers' instructional practice.

Stephen Parkin
Principal

Principal: Dr Stephen Parkin
Assistant Principal: Pamela Dunstall

School Captains:
Jessie Thomas-Connor, Hugh Prescott

Teen Mental Health First Aid

At the end of 2014 Manningham Community Health received a grant from the Bendigo Bank to work with Warrandyte High School to increase awareness of mental health issues particularly in teens.

This week all Year 10 students at Warrandyte High School will begin taking part in a Teen Mental Health First Aid Training course. The course will be run by trained staff from Manningham Community Health and supervised by one of our Student Services team. It aims to give teenagers the skills they need to recognise and help with mental health problems and crises in their friends, and to get the help of an adult quickly. Students will be broken up into four groups and complete three training sessions over a three week period, in either Term 2 or Term 4 this year. Each training session will go for two periods. More information on this can be found on the Compass newsfeed of all students who will be participating in the course.

During Term 2 we are also running a series of sessions on Youth Mental Health First Aid with teaching and support staff from Warrandyte High School as well as other nearby schools.

Parents can also access this course free of charge in the community with further information posted on the Compass newsfeed to all parents.

NAPLAN

All Year 7 and 9 students have been participating in the NAPLAN test this week on Tuesday, Wednesday and Thursday. Students undertook a series of tests on reading, writing, language conventions (spelling, grammar and punctuation) and numeracy.

NAPLAN is the measure through which governments, education authorities,

schools, teachers and parents can determine whether or not young Australians are meeting important educational outcomes in literacy and numeracy. The tests provide parents and schools with an understanding of how individual students are performing at the time of the tests. They also provide schools, states and territories with information about how education programs are working and which areas need to be prioritised for improvement.

Exams and assessment across the school

With Term 2 well under way the busy examination period is just about to begin. This exam period will kick off with Year 9 exams next week. Year 9s will be examined on their core subjects; English, Maths, Science and Humanities over a two day period on Wednesday 20th and Thursday 21st May.

Following the Year 9 exams is the Year 11 examination period, with Friday 22nd May being the final day for submission of Unit 1 work. On Monday 25th May, Year 11 students will have a study day with the formal exam period beginning the next day on Tuesday 26th of May. This will then run for the two weeks following, concluding on Thursday 4th June. All Year 11 students undertaking a Year 12 subjects are still expected to attend their Year 12 class unless there is a clash with an exam. Year 10 exams are also running during this period on Tuesday 2nd and Thursday 4th June.

The examination period will conclude with the GAT. All students who are undertaking a Unit 3&4 subject in 2015 need to take part in the GAT on Wednesday 10th June.

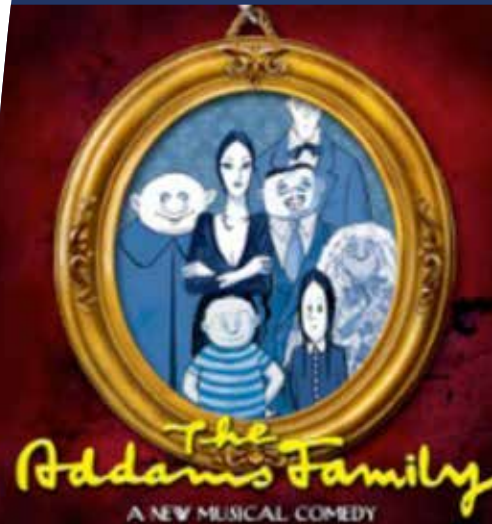
For further information on any of your student's upcoming examinations please contact the appropriate Year Level Leader.

Pamela Dunstall
Assistant Principal

Dancing with the Stars

Congratulations to Year 7 student Kayla McNamara who competed in the Junior Couples Division of the Australian Dance Society Victorian Dance Championships last weekend. Kayla and her partner achieved first place in 3 disciplines; Latin Quickstep Waltz, Modern Tangoette & Merrilyn, and New Vogue.

2015 Production



Warrandyte High School Production for 2015 is The Addams Family, auditions will take place next week please sign up with Mrs Butterworth in the General Office. It's about the whole experience not if you can sing/dance or act, we can teach you that.

Helene Butterworth
Executive Assistant

Maths News

Lunchtime Maths Help

Maths help is running every Monday, Wednesday and Friday lunchtime in the Library. Students are able to use the time to get extra assistance or complete set work. We encourage more students to come along.

Australian Maths Competition

The Australian Maths Competition will be held on Thursday 30 July. Students are given an opportunity to attempt the same problems as students in other schools and other countries on this day. All Year 7 students will be entered into this competition. Students from Year 8 through to Year 12 can also enter the Australian Maths Competition. Entry will be at no cost. They will need to see me or send me an email.

Steve Griffin
Maths Leader

Working Bee Sunday 17 May

We start working around 10am and finish for lunch (supplied) at around 12noon. It's a fun morning and what a difference we make. The plan for this working bee is to paint. Please fill in the attached form or email me on butterworth.helene.h@edumail.vic.gov.au for catering numbers.

Please complete and forward to the General Office.

I/we will be able to attend the Working Bee on 17 May

-or-

I/we are unable to attend this time, but enclose a donation of \$20

to assist in building and grounds maintenance

Name: _____ Contact Number: _____

History News

Recently the Year 11 History class had the amazing opportunity to meet a Holocaust survivor on our annual excursion to the Holocaust Museum.

After a brief stop off at the State Library to have a bit of a tour and see the facilities available to our students, we headed off to the Holocaust Museum in Elsternwick to supplement our Semester One topic: The Rise of Nazi Germany. After a thirty minute introduction to the Holocaust, the students met John Chaskiel who shared his incredible story of survival. After seeing his father shot in front of him, John survived voluntarily walking into the Lodz ghetto, being 'liquidated' to Auschwitz, lying about his age to survive the selection process, and a death march to Buchenwald. He showed our students his tattoo, still clearly visible on his left forearm, and the kids were able to ask any question they liked as John was very open about his traumatic experiences. This was the opportunity of a lifetime for our students, and many of them found John's talk to be the most incredible and eye opening part of the day.

Thanks must go to the Holocaust Museum in Elsternwick, for their amazing work at trying to preserve these stories for future generations.

Fiona Dzur

SRC

Below the Poverty Line

Have you ever thought about what it would be like to live 'below the line'?

Millions of people around the world live in extreme poverty every day, living on less than \$2 a day to feed themselves. Warrandyte High School and the SRC this year have become involved in the 'Live Below the Line' Campaign, with the aim of raising money by living on \$2 worth of food a day, for five days.

The challenge runs from the 18 – 22 May.

If you would like to become involved in this challenge or would like to donate, feel free to contact Ms Dzur or our 'Live Below the Line' Ambassadors: Damon and Liam in Year 11.

Fiona Dzur
SRC Leader



Rotary Camp Awakening

During our stay at Camp Awakening, we did a number of activities, made some great friends, heard inspiring stories and learnt some life skills. When we arrived we were straight into games then given the camp rules and split into groups and given a song to dance to every time you hear it, (Yellow-swing, Orange-freaks, Green-time of our lives, Blue-uptown funk, Red-everybody) and we can honestly say that we were sore from all the dancing by the end of the weekend. We then got to know our group and had lunch and got soaked with water it was lots of fun. We then did some activities over the first two days that included the giant swing, crate climb, flying fox, mat challenge, and pipe role and talk time. We also had light times and dark times during the weekend.

On the first night we got to work all together and participated in the ball run, blind pipe walk, rolling ball court, tug of war and touch relay, we ended the night with a bit of aerobics and then bed. We were then woken up bright and early with water pistols and the song I am an albatross, we then went straight into a work

Hello Everyone

I have been visiting lots of places these last two weeks. I have been to a quiet restaurant, Harvey Norman, Medical Centres, Hospitals, Bunnings and various supermarkets.

I entered my first lift this week. The lift didn't worry me and I received lots of treats for behaving and being focused.

In supermarkets I have been down all aisles including the meat and veggie section keeping focused at all times. Many people want to pat me but as I am in training when I have my coat on I am not allowed to receive pats.

I went to the Warrandyte Anzac dawn service and walked down the road with lots of people.

I was very unsettled during the service so went for a walk away from the people.

This settled me down but it wasn't my best outing.

I love having visits so please visit me for a pat and play.

Quinn
Trainee Guide Dog



out and breakfast. We then did any activities we did not do the first day afterward we had lunch and free time and some dark times with the mother of the camp Vicky. We then burned a piece of paper with everything that we are not happy with or don't like about our life or about ourselves, it was really quite cleansing. We then got into our groups and had some dark times and dinner. After dinner we had a blindfolded walk around the camp site then split into our groups and did a number of activities that included another blindfolded walk around, rehearsing for a play, building straw towers, dodge ball, filling a pipe that had holes with water, after that if was up to the top oval for a marathon styled activity, we had to kamikaze style crawl under a net do 10 pushups 10 star jumps 10 burpees and crab crawl all while being soaked in water as you go, and then we ended it with a bit of a water/dance party thing. We then went to our rooms got cleaned up then back to the main hall. In the main hall we performed our plays (Blue-Cinderella, Red-Red Riding Hood, Green-Jack and the Bean Stalk, Yellow-Goldilocks and The Three Bears and Orange-The Three Little Pigs), afterwards was a comedy show from two of the leaders and then bed.

Our final day we were woken up bright and early once again by the song I am an albatross, some aerobics and a run to start our day then dressed and breakfast. We played some games then clean-up and free time, then it was off to the main hall for some dark time and a really moving story, after that it was awards and home time. We will always remember the laughter, the tears, the new friends and the amazing team leaders and we highly recommend going. It was so much fun and a great experience. If we could we would all go back tomorrow it was such a positive environment and there is nothing quite like it. We would also like to thank the school for allowing us to be involved and something that not many people know is that it was a free camp. Everything is fundraised for us and in saying that, I would happily pay to go, so thank you to all those people that made it possible and the volunteers that were there to run it.

Brooke Mulder, Kassie Jones, Nat Lerner & Harry Foster
Year 9 Students



Soccer

Miraculous! AFL players playing great soccer. Cricket players scoring superb goals. Academics showing up sporting Jocks. The Senior Soccer day had it all! Our boys were brilliant. Five schools competed in the inaugural Mullum Mullum sports division tournament. The day was highlighted with fantastic sportsmanship and some classy soccer skills.

Arguably, (as far as he was concerned) the greatest goal in living memory was scored by Luke Killey. A perfect corner kick from Hugh Prescott resulted in a spectacular header off the crossbar, onto the goalie and into the net! Warrandyte up 1-0! The celebrations were so spectacular the referee had no choice but to give our team a yellow card for time-wasting.

Joseph Livesey was quite surprised when he got the unenviable job of goal-keeping for our team. He was superb!

Tom Roberts showed nerves of steel to slot home two penalties during our campaign. Josh Huntley, our resident AFL player, hassled our opposition tirelessly with great success. Sadly, our team's stalwarts for the last 6 years played their last game for us. Isaac Boon, Jules Jones, Aaron Closs, Hugh Prescott, Connor Vernon, Luke Killey and Josh Huntley will be sorely missed by our school community.

Ben Willis, Andre Balemain, Lachy Clear and Lachy Hanna displayed exciting abilities on the pitch to suggest a bright future for our school's soccer program.

Ante Sunjo
Sport Leader

House cross country competition:

What a fabulous day! Thanks to all students and teachers that helped to make the day run smoothly. In particular the VET Rec Unit 1 & 2 students who really motivated and worked with the juniors to help them run on a warm afternoon. The weather was perfect for running, and helped create a good atmosphere for our House Cross Country event.

We had some great performances throughout the age groups, with a number of new course records being set. Well done to Aaron Closs breaking his own record of last year for the 20 year old race, Callum Khaw breaking Trevor Edwards record for the 15 year males, Holly Smith taking off a minute from Natascha Wirz's record in the senior girls, Madison Jennings setting a new 15 year female record, Natalie Hellings a new 13 year female record and Jari Cooper breaking Cooper Goodman's record from 2013 in the 14 year boys event. Well done to all students. Our House Competition continues throughout a number of events at school.



From the House Cross Country the points are as follows:

Newman	205 points
Michel	167 points
Anderson	127 points
Stiggant	58 points

These will be added to our overall points for the whole year. I would like to take this opportunity to wish the students well on the 15 May for the Division rounds. I would encourage those students to make their payments and permission as soon as possible. Please contact me if you need further information.

Clare Rayner
Sport Leader

Year 7 FAB Program

On Tuesday 28 April the Year 7 Friendship & Anti-Bullying Conference ran. During the day students were involved in a number of engaging and educational activities including:

1. Enjoying a performance on Cyber Safety by Class Act Theatre Company
2. Participating in workshops on friendship, anti-bullying, the impacts of cyber-bullying, the Bystander Effect and positive communication styles from our youth worker Kate Wilde, teachers and peer support students.

The Year 7 students participated in a role play scenario, where they were introduced to four different stories involving bullying and they were able to choose whom they were most worried about and why? The Year 10 peer support students shared this with the Year 7s and they listened intently. The Year 7 students realised that bullying can come in many forms, although sometimes it seems small, the effect on people can hold devastating consequences for the victim.

I'm sure the students enjoyed participating in this part of the FAB program.

Student's Comments

"I really liked learning about cyber bullying because it was interesting and I liked the activities with Kate. The last act was really funny and I learnt a lot, especially about giving my personal details to strangers & that cyber bullying can lead to suicide"

"I really enjoyed the performance at the end about cyber bullying. I also enjoyed the stories the Peer support read out to us. It was scary as they were all true and they all ended up dying. It really made me think of the people that suffer from depression every day"

Kelleigh Lamb
Year 12 Level Leader

Hollywood comes to Warrandyte

The red carpet was rolled out for a fun filled night at Warrandyte High when the school's Parent Association staged their annual fund raising trivia night. For as long as anyone can recall, the big prize on the night has been won by a team of teachers, loosely known as the "Science Table", even though a number of those teachers have retired or moved on to other schools or jobs and no longer teach science (or anything else for that matter). This year the Science team decided to call it quits, opening up the contest to a new winning team. Instead of competing, the retired teacher's team offered to run the night for the school community. And a wonderful night it was!!

The winning team, "the DeVillans", were led by Year 7 and 8 parents, Jo and Roland Hambleton, who kindly donated an auction item of a weekend at Devilla Cottages in Rye. With able support of friends: Jacinta, Ross, Traci, Kirsty, Toby, Sara, Pete and Barb, the DeVillans snuck in by one point. It really was the luckiest win possible as they were the only team to include a hardened Star Trek fan, who knew the answer to a very obscure Trekkie question. Let's face it, not many people know the name of Data's ginger cat (Spot). Luckily, the DeVillans did! Runners Up on the night were the Gaffers, with third place going to the Underbelly team. Other champs included Best Costume winners, Laurel and Hardy (Amanda and Gary Flewker-Barker) and the twin Audrey Hepburns (Larissa Morgan and Michelle Simpson). Over a hundred guests enjoyed a variety of Hollywood-style games including Pin the Champagne Glass on Kim Kardashian and throw a stiletto into the Gucci Bag.

Thanks to the widespread generosity of many local businesses, who donated an amazing array of goods and services, the Parent Association will be able to support improvements to facilities for the Warrandyte High students. This was the final Trivia Night for organiser, Alicia Eldridge, who can't wait for next year, when she can attend without a single responsibility, except to focus on getting her table an Oscar. It was great to see a large contingent of ex-parent organisers attending and shows what a wonderful community of friends we have here at Warrandyte High School.



Here is a list of the final donators for our trivia night.

RACV
Puffing Billy Railway
Croydon Leisure and Aquatic Centre
Melbourne Museum
Cuckoo Restaurant
Science Works Museum
Grand Hotel Warrandyte
Ruby Tuesday
Stonehouse Gallery
Touched by an Angel
Templestowe Living Room

Looks like the Trivia Night was a huge success - well done



Media Opportunities at ACMI

Intermix

Do you have a great idea for a script or screenplay? Thinking about studying screenwriting? Presented by ACMI and the Emerging Writers' Festival, this one-day intensive workshop for young screenwriters will provide you with the perfect platform to develop your next screenwriting project. Sat 30 May 9.30am

Apply by submitting a 200-word script pitch along with your details (name, age, contact details). Submissions close Tue 19 May 5pm. Successful applicants contacted by Sat 23 May.

Masterclass with David Stratton

ACMI is calling for applications from film critics of the future, aged 15 – 25, for the chance to spend an hour with David Stratton and discuss the art of film criticism. To apply, email 100 words on 'Which international film festival you'd love to attend, and why', along with your details. Thu 18 Jun 4.30pm

Hothouse 2015 – Documentary Filmmaking

It's time to start getting your applications in for this year's Hothouse program. Open to students in years 10-12, ACMI's Hothouse provides ten selected students the opportunity to take part in a week-long intensive workshop creating a Documentary film from scratch.

For more details see <http://www.acmi.net.au> or talk to Ms Bloom for help with applying for any of these events

Claire Bloom
ICT Leader

(teacher from the "ex-Science Table", who has never taught science!)

Well Being

Facts about Eating Disorders from headspace (National Youth Mental Health Foundation)

Eating disorders involve issues of body image, exercise, dieting and other aspects of life – as well as food.

What are eating disorders?

Many young people have concerns about eating or body image at some stage, but most do not develop an eating disorder. Eating disorders like anorexia and bulimia are more common in females, but also affect males. They can have a very serious effect on your life and can be life threatening. Early detection and effective treatment increases the chance that you will do well.

Symptoms of eating disorders can include:

- Excessive dieting or overeating
- Thinking and talking a lot about body image, body weight and food

- Avoiding social situations that involve food
- Eating only certain types and amounts of food
- Becoming irritable or withdrawing from friends and family
- Wearing loose fitting clothing to hide weight loss
- 'Playing' with food rather than eating it and wanting to eat alone
- Excessive exercise
- Feeling faint, dizzy and weak
- Going to the bathroom straight after meals
- Difficulty concentrating
- Often feeling tired and low

Health problems from eating disorders

Eating disorders can lead to serious physical health problems. Starvation or repeated cycles of bingeing and purging can cause damaging changes in the body. Eating

disorders can also lead to difficulties in concentrating, then problems in studying or at work. They also increase the chance of having depression, anxiety, substance misuse, irritability and moodiness.

Getting help for an eating disorder

If you are worried that a friend or family member has an eating disorder, then first of all let them know that you are worried and care about them. Even if they deny there is a problem and do not want to talk about it, gently encourage them to seek professional help.

Help is available from general practitioners (GPs), the school wellbeing coordinator, psychologists and specialist mental health workers.

Krystina McCory
Wellbeing Leader

Community Voice

★ ATTENTION JUNIOR FOOTBALLERS ★ EASTERN RANGES SCHOOL HOLIDAY TRAINING CAMP IS HERE!

Join our School Holiday Training Camp!
July 3 9.30am - 3.00pm

The Eastern Ranges are holding a development and testing holiday program for all junior footballers aged between 12 and 15.

Registrations now open!

PROGRAM INCLUDES

- AFL Draft Combine style testing including AFL agility, 20m sprints, vertical leap and more
- Skill development session with Eastern Ranges coaches
- Individualised detailed fitness testing report
- Certificate of completion
- High performance nutrition advice
- Injury prevention & recovery session with Eastern Ranges High Performance team member
- Talent pathways to the AFL discussed with Eastern Ranges Talent Manager, Len Villani
- Lunch, snacks and drinks provided

DETAILS

DATE July 3 9.30am-3.00pm
VENUE Rowville Secondary College
Eastern Campus
Humphreys Way, Rowville 3178
AGE 12-15 year olds
COST \$100 per player
REGISTRATIONS CLOSE JUNE 30



REGISTER HERE!

LIMITED CAPACITY!

RANGES



CONTACT THE CLUB

Marc D'Cruze
Email: marc.d'cruze@aflvic.com.au
Phone: 9724 9499
Mail: PO Box 594, Kilsyth VIC 3137
Office: Kilsyth Recreation Res, Kilsyth VIC 3137

"eSmart Schools has found the content in the Kidproof Safety program to be a valuable and credible resource on cybersafety for schools"



TERM 1, 2015

THE DIGITAL DIET:

WHAT PARENTS CAN DO TO ACHIEVE A HEALTHY MEDIA DIET FOR THEIR CHILD

Managing media is a constant struggle for parents. It feels like a relentless dilemma over how much is too much? Tablets and smartphones are creating a whole new level of challenge for families and it seems as if it is becoming increasingly difficult the smaller the devices get. The family computer in the lounge room is a dinosaur – extinct; and with many households having more individual handheld devices than occupants, it raises the challenge even more!

Parents often feel challenged around screen time decision making. What we need to keep in mind is that it is a parenting issue familiar to so many other areas of our lives. As parents, one of our main tasks is to set limits on many things including bed time, household responsibilities, friends and behaviour. Setting rules and boundaries around media is no different.

Today's generation of 'screenagers' are mass consumers of media. Some studies show youth spend nearly ten hours per day glued to TV's, computers, phones and video games, and they consistently consume several media types at once. They are massive media multitaskers!

The American Academy of Paediatrics (AAP), one of the only established organisations to make recommendations on screen time, discourages screen time for children under age 2 and advises limiting daily screen time

to no more than 2 hours for older children. Statistics such as these can squeeze our parental guilt gland despite our good intentions.

How much screen time is OK for my child?

It depends. What is most important to consider is the quality of the media they are accessing and how it fits into your family's lifestyle. Chances are that if your child is using high-quality age appropriate media and their screen time is balanced with adequate off screen activities, then their behaviour is constructive and there is no need to worry.

Finding the balance is like trying to find the pivot point on a see-saw. Too much weight on one side or the other and we lose our balance. So how do we find the right equilibrium? We can start by asking ourselves a few questions...



Balance

- Is screen use in your house in balance with other activities the family/children do?
- Is it balanced over the day? Over the week?
- Are we enforcing bedtime 'curfews' on electronic devices?
- Have we accounted for all the devices (tablets, smartphones, computers, games and TV) in the home?

Kidproof Melbourne